

 **choice**HUMANITARIAN
expeditions

see the world. serve a village. change your life.

pack your bags. your world is about to change!



bolivia A landlocked nation in the center of South America, Bolivia radiates a charming culture that sweeps across eastern lowlands, western highlands, and endless salt flats. Our expeditions assist the generous villagers of the Altiplano, amidst Andean peaks soaring at 13,000 feet above sea level.

guatemala The picturesque nation of Guatemala is the geographic link between Mexico and Central America. Our expeditions venture into the gracious Q'eqchi' communities of the regional cloud forest, high above the pleasant Polochic Valley.

kenya Located on Africa's eastern coast, Kenya offers central plateaus, arid deserts, and coastal plains that stretch along the Indian Ocean. Our expeditions begin and end with village celebrations of brilliant song and dance as we serve the rural communities of Samburu and Kinango.

mexico Situated just south of the United States, colonial architecture and adobe villages define the colorful nation of Mexico. Smiling natives greet our expeditions as we work among the impoverished rural communities outside León and Guanajuato.

nepal Nestled in southeast Asia between China and India, Nepal boasts the greatest altitude variation on earth, from sea-level lowlands to towering Himalayan peaks. The warm embraces of Nepalese natives await our expeditions as we assist villagers in the central district of Lamjung.



CHOICE Expedition fees range from \$1995 - \$2195 per person (with special discounts available for families). Fees include two nights' hotel accommodations, land transportation, village lodging, village meals, certified leaders, project costs and materials. Airfare not included.



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CHOICE Expeditions extend from Saturday to Saturday.

expedition schedule

day 1
day 2
day 3-6
day 7
day 8

saturday

International arrival. Orientation meeting with local directors and fellow participants. Overnight in hotel.

sunday

General introduction to native culture. Land transportation to rural villages. Greetings at the village. Overnight in tents, homes, or schoolhouses.

monday to thursday

Village projects and humanitarian service. Direct interaction with villagers through work, meals, games, etc.

friday

Village celebration and farewell. Land transportation back to arrival point. Overnight in hotel.

saturday

International departure.



What type of expeditioner are you?

families & companies

seeking meaningful experiences that bond and unite

adventurers & travelers

wanting to experience the rugged outdoors and interact with locals

humanitarians

helping others in order to eliminate poverty

Where does the money go?

expedition costs

hotels, transportation, certified guides, village lodging, village meals, etc.

village operations

project materials, country directors, local programs, etc.



join us as we build people, not just projects!

CHOICE Expeditions allow participants to work hand-in-hand with motivated villagers on several important projects. We invite you to experience this unforgettable inter-cultural exchange as we venture into stunning landscapes and gracious communities.

Our life-changing expeditions combine the thrills of adventure with the rewards of service.

CHOICE Humanitarian works in partnership with rural villages in five countries across the globe. Since 1982, we have utilized village-identified projects to empower communities and increase the leadership within. CHOICE villages learn to become self-developing communities through adherence to the CHOICE Model, a proven approach to eliminating impoverished conditions and creating long-term opportunities.



what are the projects?

Each village plans specific projects according to their unique needs and highest priorities.

Examples of such projects include:

- classroom construction
- community water systems
- personal hygiene workshops
- family pit latrines
- bio-gas digesters
- and others...

Medical and dental components can be added on request.

how do i join an expedition?

Visit the CHOICE website and review upcoming dates, countries, and projects.

In addition to standard expeditions, we encourage self-forming groups among friends, relatives, and colleagues.

Please contact us for further information and conditions.



phone: 801-474-1937

email: info@choicehumanitarian.org

or visit our website.



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www.choicehumanitarian.org

watch videos • village information • monthly updates • join the email list